



## Strategic Sharing

**Strategic sharing is about being ready to share your life stories so that your voice is...**

- **Meaningful**
- **Respectful**
- **Safe**

Three strategies will help guide us:

### **CHOOSE**

- Your purpose/reason
- What you will share
- The details

### **CLAIM**

- The meaning and significance
- Emotion
- Process of sharing

### **CONNECT** with your

- Audience
- Purpose/reason

### **CHOOSE**

Choose what you want to share. What is your purpose of sharing? Think about how much you are willing to share and what you want to keep private. Remember, choosing not to share is as important as sharing.

### **CLAIM**

Claim your own experiences the meaning of your own story. Does the story bring up emotions for you? Claim those emotions. Does it feel too overwhelming? Think of a different way to make your point that feels safer.

### **CONNECT**

How will you connect your story with the audience? What response do you think you'll get? How does your story connect with the other presents? What can the audience learn? What do you want them to do with the information they have learned? Remember, keep focused on your goal in teaching others about your experiences.